

Every day

Daily Checklist

Week of _____

Task	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Make the beds	☐	☐	☐	☐	☐	☐	☐
Dishes and sink	☐	☐	☐	☐	☐	☐	☐
Wipe counters and stove	☐	☐	☐	☐	☐	☐	☐
Sweep or vacuum main floors	☐	☐	☐	☐	☐	☐	☐
Tidy the living room	☐	☐	☐	☐	☐	☐	☐
Quick bathroom wipe-down	☐	☐	☐	☐	☐	☐	☐
Start a load of laundry	☐	☐	☐	☐	☐	☐	☐
Fold and put away laundry	☐	☐	☐	☐	☐	☐	☐
Take out the trash	☐	☐	☐	☐	☐	☐	☐
Clear the entry and mail	☐	☐	☐	☐	☐	☐	☐
Water the plants	☐	☐	☐	☐	☐	☐	☐
Evening reset, 5 minutes	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐
	☐	☐	☐	☐	☐	☐	☐

Notes

Every week

Weekly Room Grid

Week of _____

Room	Mon	Tue	Wed	Thu	Fri	Sat	Sun catch-up	Who
Kitchen	Focus ☐							
Bathroom		Focus ☐						
Living Room			Focus ☐					
Bedrooms				Focus ☐				
Entry & Laundry					Focus ☐			
						Focus ☐		

Notes